

Submitted To:
Manabiya Kalyankari Foundation Nepal
&
Sharajh Charity International

Nepal Eye Program

Tilganga Institute of ophthalmology Outreach Program Department

1. General Information:

Date: 18/02/2024

1.Event/Activity: Outreach Micro Surgical Eye Clinic	2. Implementing Unit: Tilganga Institute of Ophthalmology
3.Sit : Dhangadimai Municipality, Siraha	4. Period of Event/ Travel: 12-17 Feburary, 2024
5.Re orted by: Mahesh Parajuli	6. Total Cataract Surgery: 523 Pterygium Surgery: 1

2. Team Members:

A. Surgical Team (13.02.2024)

1. Dr. Indira Poudel (OMEC Head)
2. Dr.Keepa Vaidhaya (Neuro Ophthalmologist)
3. Dr.Mohan Krishna Shrestha (Outreach Manager)

B. Surgical Team (12.02.2024)

1. Mahesh Parajuli (Project Officer)
2. Seeta Tamanag (Ophthalmic Officer)
3. Yogina B.K (Ophthalmic Assistant)
4. Bibisha Rijal (Ophthalmic Assistant)
5. Narudev Bhandari (EHW)
6. Sushila Chaudhary (EHW)
7. Mandira Danuwar (EHW)
8. Pitamber Baral (Maintenance Assistant)
9. Rakesh Chaudhary (Driver)
10. Lakpa Sherpa (Head Cook)
11. Student -4

C. Screening Team

1. Ashim Chusya (Optometrist)
2. Anil Saud (EHW)
3. Gajendra Mahato (Ophthalmic Assistant)
4. Rabindra Mahato (Ophthalmic Assistant)

D. From Golchaa Eye Hospital, Biratnager (13.02.2024)

1. Dr.Kripa Lopchan (Ophthalmologist)
2. Sarbind Kumar Yadav (Optometrist)
3. Sonu Biswash (Ophthalmic assistant)

3. Objectives:

Cataract surgical camps aim to address the burden of cataract-related visual impairment and blindness by providing accessible, timely, and cost-effective surgical interventions, along with comprehensive eye care services and community screening camps.

4. Travel Itinerary:

SN	Date/time	Route	Team Members	Mode of Travel
1	12.02.2024	TIO-DhangadiMai	Surgical Team B.	Public Bus
2	13.02.2024	TIO-DhangadiMai	Surgical Team A	Airoplane/Hired Vechicle
3	13.01.2024	Golchha-Dhangadimai	Golcha Eye Hospital	Hired Vehicle

5. Achievement in Outreach Micro Surgical Eye Clinic



Vision Restoration:

The primary benefit is the restoration of vision. Cataract surgery involves removing the cloudy lens and replacing it with a clear artificial lens, leading to improved eyesight.



Improved Quality of Life:

Restored vision enhances the patient's overall quality of life by allowing them to perform daily activities, work, and engage in social interactions more effectively.



Timely Intervention:

Cataract surgical camps facilitate timely detection and treatment of cataracts, preventing the condition from worsening and reducing the risk of permanent vision loss.



Affordability:

Surgical camps often provide services at lower costs, making the treatment more affordable for individuals who may face financial constraints.



Reduced Waiting Times:

Patients benefit from reduced waiting times for surgery, ensuring that they receive necessary interventions promptly.



Community Accessibility:

The camps bring eye care services directly to the community, eliminating the need for patients to travel long distances to access medical facilities.



Screening for Other Eye Conditions:

In addition to cataract detection, patients may undergo screenings for other eye conditions, allowing for early identification and treatment of various issues.



Community Support:

Patients often receive support from their community during these camps, fostering a sense of solidarity and encouraging proactive health-seeking behavior.

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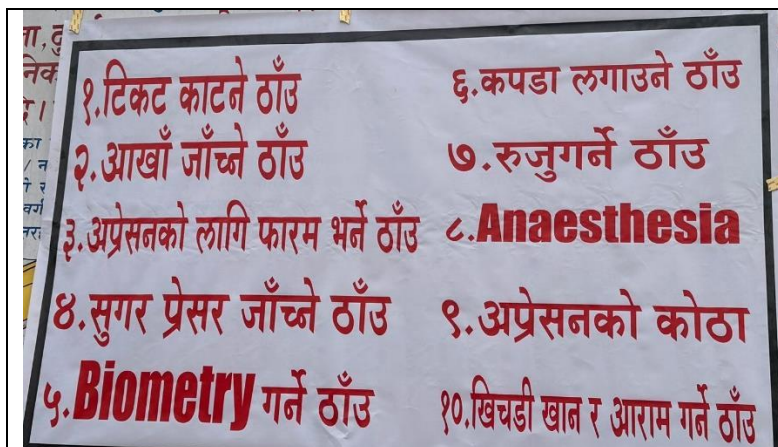
Screening Camp OPD Report						
age	Male	%	Female	%	Total	%
0-18	115	3%	123	3%	238	7%
19-34	487	14%	377	11%	864	24%
35-49	511	14%	599	17%	1110	31%
50+	716	20%	651	18%	1367	38%
total	1829	51%	1750	49%	3579	100%

OMEC OPD Report						
a	Male	%	Female	%	Total	%
0-18	55	5%	67	6%	122	11%
19-34	153	13%	101	9%	254	22%
35-49	167	15%	198	17%	365	32%
50+	198	17%	198	17%	396	35%
total	573	50%	564	50%	1137	100%

Age&Sex distribution of operable patients						
age	Male	%	Female	%	Total	%
0-18	0	0%	0	0%	0	0%
19-34	0	0%	1	0%	1	0%
35-49	8	2%	11	2%	19	4%
50+	2	48%	253	48%	504	96%
total	2	49%	265	51%	524	100%

Visual Acuity Pre-Op and Post-Op Analysis				
VA Grade	VA - Pre-Operative		VA - Post Operative Day 1st	
	Uncorrected	%	Uncorrected	%
6/6 - 6/18	1	3%	437	83%
<6/18 - 6/60	2	50%	79	15%
<6/60 - 3/60	1	24%	5	1%
<3/60 - PL	1	23%	3	1%
VA not taken	0	0%	0	0%
Total	5	100%	524	100%

Annex:1 Some Activities Photographs



General Information for patients



Preparing for OT



Waiting for Surgery



Anesthesia room

Some Activities Photographs



Operation theater



Surgery Performed by Dr. Indira



Surgery Performed by Dr. Keepa



Surgery Performed by Dr. Kripa



Waiting for patch Remove



Patched removed by Dr.Mohan & Visitor from Dubai Embassy

Happy patients

Group Photos



Happy patients after sight restore



Happy patients after sight restore

The End!